

EMPLOYEE TRAINING RECORD

TRAINING TITLE **Body Protection**

KEY TEACHING POINTS

PURPOSE

Body protection is required for employees whose work exposes parts of their body to hazardous or flying substances or objects.

TYPES OF BODY PROTECTION

Limited Use Clothing

Limited use clothing is good economical short-term protection against "minor" hazards - particulates, light chemical splash and biohazards. Because there are several limited use fabrics, be sure to evaluate each type for durability, degree of protection, and comfort.

Coveralls

May provide protection from particulates, heat, electrical arc and blast, and are generally re-usable. To protect from electrical arc and blast, clothing must be made of 100% cotton or wool or Nomex.

Lab Coats

Provide protection to employees from some chemical spills and contamination of personal clothing.

Aprons and Sleeves

Provide frontal protection to the trunk and arms from splashes.

Rainwear

Provide protection from the adverse effects of weather.

Leg Guards and Chainsaw Chaps

Provide protection to the lower legs and in some instances the knee from flying and cutting hazards.

Reflective Vests

Makes employee visible to traffic.

INSPECTION

Inspect according to manufacturers specifications for the type of body protection.

CLEANING

Clean according to manufacturers specifications.

ANTICIPATED USEFUL LIFE

There is no good rule of thumb to use for planning the anticipated useful life of body protection. Use historic data to make determination.

TEST

QUESTION	ANSWERS	
	TRUE	FALSE
1 Body protection is required for employees whose work exposes parts of their body to hazardous or flying substances or objects.		
2 Wool coveralls are acceptable to protect you from electric arc.		
3 Cleaning and inspection of body protection equipment must be made in accordance with manufactures specifications.		
4 Body protection is good until it wears out.		
5 Reflective vests provide protection in traffic from flying rocks.		

EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE
------------------------	-----------------------------	-------------

INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE
--------------------------	-------------------------------	-------------