

EMPLOYEE TRAINING RECORD

TRAINING TITLE Carbon Monoxide

KEY TEACHING POINTS

EXPOSURE LIMITS

- PEL: 25 ppm STEL: none Ceiling: 200 ppm

FIRE AND EXPLOSION DATA

- LEL: 12% UEL: 75%
- A flammable gas. Extinguish with carbon dioxide or dry chemical.

APPARANCE AND COLOR

- A colorless and odorless gas.

REACTIVITY DATA

- Burns with a blue flame to create CO₂.

HEALTH HAZARD

- Oxygen starvation of the cells (hypoxia)

FIRST AID

- Remove immediately from exposure. Restore breathing and administer pure oxygen. Get medical help promptly.

RESPIRATORY PROTECTION

- Provide adequate general and local exhaust ventilation.
- Provide air supplied or self-contained breathing equipment for emergency or nonroutine situations where carbon monoxide level is excessive.

TEST

QUESTION	ANSWERS	
	TRUE	FALSE
1 The PEL for Carbon Monoxide is 25 ppm.		
2 Any respirator will work with Carbon Monoxide		
3 You can always tell when you are near Carbon Monoxide because it smells like rotten eggs.		
4 Wear an SCBA or air supplied respirator when working around high levels of Carbon Monoxide.		
5 Carbon Monoxide is not flammable.		
EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE
INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE

1. True 2. False 3. False 4. True 5. False