

**EMPLOYEE TRAINING RECORD**

**TRAINING TITLE**      How To Handle Tailgaters

**KEY TEACHING POINTS**

- If someone is tailgating you, the best defense is the least aggressive one. Otherwise, you are in danger of causing the very accident you wish to avoid. For instance, you may be tempted to scare the tailgater off by hitting your brakes. But that is a mistake. For all you know, the driver finds tailgating exciting. If this is the case, an angry response on your part could play right into the tailgater's game.
- It is equally ineffective to speed up in hopes of increasing the distance between you and the tailgater. The tailgater may be grateful for your increased speed. He may stay with you and continue to tailgate.
- The simplest and safest technique, and the one that is most likely to be effective, is simply move to another lane and let the tailgater go on ahead. But if that is not practical, try a variation of the following three-second rule:
  - In an auto, the rule says you follow the vehicle ahead of you by at least three seconds, depending upon driving conditions. In a heavier vehicle, the lag is increased to at least four seconds.
  - With a tailgater close behind you, simply double your lag distance. This requires no sudden or sustained slowing and results in no lost time. It may discourage the tailgater by demonstrating that you intend to drive cautiously. Often, at that point, the driver will either back off or pass you.

**TEST**

QUESTION	ANSWERS	
	TRUE	FALSE
1 It is ineffective to speed up in hopes of increasing the distance between you and the tailgater.		
2 In an auto, the rule says you follow the vehicle ahead of you by at least three seconds, depending upon driving conditions.		
3 With a tailgater close behind you, simply double your lag distance.		
4 If someone is tailgating you, the best defense is the least aggressive one.		
5 Move to another lane and let the tailgater go on ahead.		
<b>EMPLOYEE'S NAME</b>	<b>EMPLOYEE'S SIGNATURE</b>	<b>DATE</b>
<b>INSTRUCTOR'S NAME</b>	<b>INSTRUCTOR'S SIGNATURE</b>	<b>DATE</b>