

EMPLOYEE TRAINING RECORD

TRAINING TITLE Noise

KEY TEACHING POINTS

- Noise is too loud and potentially harmful for your hearing when:
 - You have difficulty talking to someone
 - You feel ringing sound in your ears after prolonged exposure
 - Your hearing is numbed at the end of the work shift and comes back the next morning.
- Noise exposure for several years can cause permanent hearing loss which cannot be cured by medical treatment. Not everyone is equally affected. As the level of noise and exposure time increases, however, more and more people are affected.
- The loudness of noise is expressed in decibel units.
- The best protection against noise is to use quieter machines. As an interim measure, use hearing protection.

TEST

QUESTION	ANSWERS	
	TRUE	FALSE
1. If you have difficulty talking to someone you may have a hearing problem.		
2. Not all people are equally affected by noise.		
3. Permanent hearing loss can be cured.		
4. If you have a ringing in your ears after exposure to noise you may be exposed to too much noise.		
5. Hearing protection is not required because we use quiet machines.		
EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE
INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE

1. True 2. True 3. False 4. True 5. False