

EMPLOYEE TRAINING RECORD

TRAINING TITLE **Over-the-Counter Drugs Safety Checklist**

KEY TEACHING POINTS

- Choose products designed to relieve only existing symptoms (unless the product is designed to be taken prior to experiencing symptoms).
- Read the container label and package insert carefully.
- Make sure you are not allergic to any ingredients.
- Don't take products that may have bad effects on other existing conditions.
- Follow instructions for dosage quantity and timing.
- Be aware of side effects such as drowsiness and avoid activities that could endanger yourself or others.
- Don't drive or operate machinery when taking a drug that causes drowsiness.
- Don't take any product on an ongoing, routine basis without doctor's instructions.
- Don't take products beyond the maximum number of days on the label.
- Avoid alcohol and other drugs if there is a risk of dangerous interactions.
- Throw away drugs that have passed their expiration date.
- Tell your doctor if symptoms continue beyond the safe maximum time for taking an over-the-counter relief product.
- Tell your doctor if you develop health problems or symptoms as a result of taking the drug.

TEST

QUESTION	ANSWERS	
	TRUE	FALSE
1 Don't drive or operate machinery when taking a drug that causes drowsiness.	<input type="checkbox"/>	<input type="checkbox"/>
2 Avoid alcohol and other drugs if there is a risk of dangerous interactions.	<input type="checkbox"/>	<input type="checkbox"/>
3 Throw away drugs that have passed their expiration date.	<input type="checkbox"/>	<input type="checkbox"/>
4 Tell your doctor if you develop health problems or symptoms as a result of taking the drug.	<input type="checkbox"/>	<input type="checkbox"/>
5 Follow instructions for dosage quantity and timing.	<input type="checkbox"/>	<input type="checkbox"/>
EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE
INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE

1.True 2. True 3. True 4. True 5. True