

EMPLOYEE TRAINING RECORD

TRAINING TITLE Personal Flotation Devices

KEY TEACHING POINTS

PURPOSE

To protect employees from the hazards of drowning.

TYPES OF PROTECTION

Life rings

Life rings are designed to be thrown to an employee to assist in flotation. They are attached to a life line that assists in recovery.

Life vests

Life vests are worn by employees when working over or near water and there is a possibility of the employee falling in with no other means of being recovered.

INSPECTION

Life rings and vests should be inspected for degradation of materials. Replace if materials become brittle, cracked or if buoyancy ability is lessened.

Life rings and vests must be Coast Guard approved type.

CLEANING

Clean with soapy water, rinse and let air dry.

ANTICIPATED USEFUL LIFE

Life rings and vests exposed to the elements have a life expectancy of 1 - 2 years.

TEST

QUESTION	ANSWERS	
	TRUE	FALSE
1 Personal flotation devices protect employees from the hazards of drowning.		
2 Clean personal flotation devices with soapy water, rinse and let air dry.		
3 Life vests usually have a life expectancy of 1 - 2 years.		
4 Life rings must be approved by the US Coast Guard.		
5 Life rings assist the employee by allowing someone else to pull them out of the water.		
EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE
INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE

1. True 2. True 3. True 4. True 5. True