

EMPLOYEE TRAINING RECORD

TRAINING TITLE Safety On The Road

KEY TEACHING POINTS

- **BUCKLE UP.** Always, make certain that everyone has their safety belts securely fastened or are in approved child safety seats.
- **OBEY SPEED LIMITS.** Slow down in the rain, fog or other hazardous conditions
- Allow enough following distance between your vehicle and others to stop in an emergency.
- Use your signals every time you change lanes or turn, and be aware that others may not.
- Avoid blind spots of other vehicles. Remember, if you can't see a truck driver's side view mirrors, then the driver can't see you.
- Check your mirrors periodically for other traffic.
- Turn lights on at dusk. It is illegal in California to drive with just your parking lights on.
- At night, dim your bright lights when approaching another vehicle or when you are in traffic.
- Make periodic stops to rest and stretch.
- Don't take stimulants to stay awake. It is dangerous.
- Do not drink alcohol or use drugs and drive.

TEST

QUESTION	ANSWERS	
	TRUE	FALSE
1 Slow down in the rain, fog or other hazardous conditions		
2 At night, dim your bright lights when approaching another vehicle or when you are in traffic.		
3 Turn lights on at dusk. It is illegal in California to drive with just your parking lights on.		
4 Make periodic stops to rest and stretch.		
5 Always, make certain that everyone has their safety belts securely fastened or are in approved child safety seats.		
EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE
INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE

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