

EMPLOYEE TRAINING RECORD		
TRAINING TITLE	Speed - The Biggest Cause of Accidents	
KEY TEACHING POINTS		
<p>We've all heard the expressions "haste makes waste" and "look before you leap". We've probably also experienced examples of this in our work. Someone rushes into a job without planning ahead. A lot of time, effort, and money can be expended in re-doing the job correctly.</p> <p>This is bad enough, but being in too much of a hurry can also result in a serious injury. In fact, it is a basic factor in most accidents. Any time you're about to climb a ladder or scaffold, pick up a heavy object, or use a potentially dangerous piece of equipment, give a thought to safety first. Make a mental note to do it in a safe manner. This is especially true if you are about to start a procedure, or use a piece of equipment that you are not very familiar with.</p> <p>Sometimes workers, especially new ones, deliberately go at a fast pace in order to impress the foreman or the boss. While that kind of attitude is appreciated, it wouldn't be appreciated if it resulted in an accident. For the employer, the cost of the accident could more than wipe out the profits from the job. But more important would be pain, worry, and financial loss to the injured worker. Working is like driving, always keep it at a safe speed and think ahead.</p>		
TEST		
QUESTION	ANSWERS	
	TRUE	FALSE
1 Working is like driving, always keep it at a safe speed and think ahead.		
2 Sometimes workers, especially new ones, deliberately go at a fast pace in order to impress the foreman or the boss.		
3 When someone rushes into a job without planning ahead, a lot of time, effort, and money can be expended in re-doing the job correctly.		
4 Make a mental note to do a job in a safe manner.		
5 Being in too much of a hurry can also result in a serious injury,.		
EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE
INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE

1. True 2. True 3. True 4. True 5. True
